



* All health funds and Medicare referral accepted

* HICAPS available for health fund rebates

Podiatry

CHG's integration of medical services ensures a unified, multidisciplinary approach to injury management and rehabilitation. Our podiatry services utilise evidence-based strategies to facilitate the best and most efficient management of conditions.

CHG's podiatrist's see:

- Workplace injuries through workers compensation, self-insurance or early intervention programs
- Private health fund patients
- Medicare referrals
- Motor vehicle accidents

CHG's podiatrist's will treat:

General nail and skin care – professional service for any issues with toenails, calluses or corns. Instruments are all sterilised to Australian Standards.

Diabetic assessments – assessment and monitoring of the general health of your feet and assisting in the prevention of complications that can occur with diabetes. Circulation and sensation (neuropathy) testing will form part of the assessment which helps identify early changes in foot health. Our podiatrist's will work closely with GPs to ensure optimum foot health is maintained.

Biomechanical assessment - looking at the way the lower limbs function and contribute to foot and leg injuries. This assessment includes joint and muscle testing and a functional assessment of gait to look at ways to reduce abnormal load on the feet and legs.

Children's assessments – a child's feet look and function differently than those of an adult's, and they can have many problems in their developmental years. A biomechanical assessment is completed focussing on the skills appropriate for the child's age (balance, coordination and strength).

Orthotic devices – orthotic devices may form part of your treatment. There are many different options available (semi rigid and soft), which are made to prescription so that you get the right device for the right problem. Orthotics are made of plaster casts or with scanning technology, so that comfort and fit issues are optimal.

Footwear advice – footwear can be a major cause of foot and lower limb problems, and therefore form part of the treatment process. We can give detailed information on what footwear is best for your feet, work environment or sport to reduce the risk of further issues.

Commonly seen foot issues -

- Metatarsal Pain (Ball of Foot)
- Corns and Callus formation
- Bunions and Toe Deformities
- Ankle Problems (Pain and Instability)
- Achilles Tendon Issues
- Arthritic Problems
- Gait Anomalies
- Heel Pain
- Shin Pain
- Knee Problems